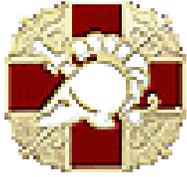


**KELLER ARMY COMMUNITY HOSPITAL SELF-CARE PROGRAM
TREATMENT OPTIONS FOR SYMPTOMS/CONDITIONS****



1. By signing this form, I certify the following:
 - a) I do not wish to see a physician at this time.
 - b) I have no need for medical advice.
 - c) I will take medication according to labeled manufacturer's instructions only.
 - d) I am not using this medication listed for symptoms that have not resolved despite a visit to Keller Army Community Hospital for this illness.
 - e) I have not taken an OTC medication in the past 14 days and will not take any other OTC medications while on the medication I am about to receive.
 - f) I am familiar with the Self-Care Class on the Keller ACH internet site under Pharmacy tab titled:
SELF-CARE: OVER-THE-COUNTER (OTC) MEDICATIONS.

2. I fully understand that the OTC medication is only for my use in acute minor illness. If symptoms persist, worsen, or do not improve within 48 hours, I will consult a medical provider.

3. Further, I certify that I am NOT:
 - (a) on flight status
 - (b) pregnant
 - (c) allergic to any of the medications selected
 - (d) taking medications for high blood pressure
 - (e) using herbal/muscle enhancing supplements

I also verify that I am requesting treatment option(s) Voluntarily.

1. What ALLERGIES, to include Medications, do you have? _____
2. What Medicines are you presently taking? _____
3. Have you been seen within the past three days for the same symptoms? _____ YES _____ NO

Print Name: _____ **Signature:** _____

Sponsor's Last Four SSN: _____ **DOB** _____ **SEX: M or F (circle)**

*****LIMITED TO (5) ITEMS PER FAMILY*****

***NOTE: You may either select Robitussin Plain or Robitussin DM *but NOT BOTH items:**

INSTRUCTIONS:: CHECK each ITEM(S) you are requesting**

Check	TREATMENT ITEMS	SYMPTOM/CONDITION
<i>Pediatric Patients Aged 2 and Older</i>		
1	Acetaminophen (TYLENOL) 160mg/5ml liq	Infant/Child - Headache // Fever // Earache
2	Ibuprofen (MOTRIN) 100mg/5ml susp	Infant/Child - Pain // Inflammation
3	Bacitracin Antibiotic Ointment	Blisters // Cuts // Scrapes
4	Saline (OCEAN) Nasal Spray	Nasal Dryness or Sinus Congestion
5	Calamine lotion	Insect Bite // Poison IVY - OAK -
6	Hydrocortisone 1% Cream	Itching
7	Loratadine (Claritin) 5mg/5ml syrup	Allergies & Hay Fever
8	Simethicone 20mg/0.3ml Drops	Anti-Gas
<i>Pediatric Patients Aged 4 and Older ONLY</i>		
9	Sudafed Childrens 15mg/5ml solution	Nasal or Sinus Congestion
<i>Pediatric Patients Aged 6 and Older ONLY</i>		
10	Diphenhydramine (BENADRYL) 12.5mg/5ml	Allergies & Hay Fever
<i>Patients Aged 12 and Older</i>		
11	Guaifenesin DM (Q-Tussin) 100mg/10mg liq	Cough with Congestion
12	Acetaminophen (TYLENOL) 325mg	Headache // Fever // Earache
13	Antacid Plus (MYLANTA II) Suspension	Upset Stomach // Indigestion
14	Artificial Tears	DRY Eyes
15	Bacitracin Antibiotic Ointment	Blisters // Cuts // Scrapes
16	Calamine lotion	Insect Bite // Poison IVY - OAK -
17	CEPACOL Sore Throat Lozenges	Sore Throat
18	Clotrimazole Vaginal 1% 7-day Cream	Vaginal Yeast Infection
19	Diphenhydramine (BENADRYL) 25mg Caps	Allergies & Hay Fever
20	Hydrocortisone 1% Cream	Itching
21	Ibuprofen (MOTRIN) 200mg	Pain // Inflammation
22	Loperamide (IMODIUM) Caplets	Diarrhea
23	Loratadine (Claritin) 10mg Tab	Allergies & Hay Fever
24	Miconazole 2% Nitrate Antifungal Cream	Jock Itch // Ringworm
25	Pepto Bismol Chewable Tabs	Upset Stomach // Diarrhea
26	Sudogest PE 10mg	Nasal or Sinus Congestion
27	Saline (OCEAN) Nasal Spray	Nasal Dryness or Sinus Congestion
28	Robitussin DM Syrup	DRY COUGH
29	Robitussin Plain Syrup	Cough with Congestion
30	Tolnaftate 1% (Tinactin) Antifungal *Powder*	Athletes Foot
31	White Petrolatum Ointment	Skin Protectant
32	Melatonin 3 mg Tablets	Sleep Aid
33	Multi-Vitamin Supplement Tablets	Nutritional Supplement
34	Vitamin C (Acorbic acid) Tablets	Nutritional Supplement
35	Clotrimazole 1% Foot cream	Athlete's Foot